

A Time to Heal

Who should attend a Rachel's Vineyard Retreat?

This retreat is open to anyone, woman or man, who is struggling with the emotional and spiritual pain of abortion. Married couples, mothers, fathers, grandparents, siblings of aborted children, friends, as well as persons who have been involved in the abortion industry come to Rachel's Vineyard in search of peace and inner healing.

Why would I need to attend the Retreat?

Any significant life event generates feelings and emotions which need to be acknowledged. Since abortion is usually a carefully guarded secret, feelings are often deeply buried and can eventually manifest themselves in ways which are unhealthy or even harmful.

What can I expect from the Retreat weekend?

The time away provides an opportunity to enter the grieving process and identify all the ways abortion has affected a person's life. During the retreat which uses rituals, the Sacraments, meditations, and quiet reflection, sorrow, remorse and anger may ultimately give way to peace and acceptance. A Rachel's Vineyard weekend retreat is a chance to get away from daily pressures in order to examine a painful experience in a safe, confidential and supportive environment.

The weekend is intense and emotional, but can yield a fruitful harvest. Facilitators of the retreat include licensed therapist, former Rachel's Vineyard participants and trained volunteers. Deacons and priests serve as the group's spiritual directors.

~What People are Saying About Rachel's Vineyard~

"Attending a Rachel's Vineyard Retreat was one of the best things I've ever done. I was able to deal with the heartbreaking emotions of a past abortion in a quiet, secluded place with people who understood my pain. More importantly, I was able to draw Closer to God, accept his forgiveness and even forgive myself. I highly recommend this retreat to anyone who has suffered from an abortion. You cannot imagine the brighter days that are waiting for you!"

-MF

"A long time ago, I helped my girlfriend abort our child...I never thought I would ever turn to the Church for anything, especially for help with the pain of my lost fatherhood through abortion...Rachel's Vineyard was the most healing experience of my life. I was overcome with joy when the Church acknowledged the life of my child. I thank God every day for the healing and peace I received at Rachel's Vineyard."



Next Retreat

March 16-18, 2018

Cliffview Retreat & Conference Center
789 Bryant's Camp Rd
Lancaster, Kentucky

Confidentiality Assured

*Offered by the Respect Life Office
Catholic Diocese of Lexington*



Rachel's Vineyard Retreat™

Features of the Retreat Weekend

Safe, private and nurturing environment

The goal of the weekend is to provide a supportive and non-judgmental environment for a journey toward healing.

Time for reflection and prayer

The retreat weekend is designed to give you an array of opportunities for reflection, prayer, reconciliation and dialogue.

Memorial Service

Please note: You will have an opportunity to invite close family and/or friends to the service.

Single occupancy rooms

Married couples are encouraged to attend the retreat together and can share a room.

All meals provided

If you have any dietary restrictions, please be sure to mention this during the registration phone call.

Cancellations and Refunds

Registrants may receive a refund of any fees paid if they cancel at least 17 days prior to the retreat. If it is determined that a registrant is not emotionally ready to attend a retreat, a refund of fees will be offered.

Cliffview Retreat and Conference Center

Situated on 40 rolling acres in rural Garrard County, The Diocese of Lexington's Cliffview Retreat and Conference Center offers a quiet, peaceful setting for prayer and reflection. The property is bordered to the north and south by Herrington Lake. Walking trails, including Stations of the Cross, meander through fields of wildflowers.

Guest Rooms: There are 28 comfortable guest rooms with two twin beds as well as two handicapped-accessible rooms (double beds) all have a private bath & individual heating/air-conditioning units. Bed/bath linens are provided.

Directions

From Lexington (at Man O War Blvd. and Nicholasville Road):

Go 25 miles south on US 27 (Nicholasville Road) to KY 34. Turn right, at the stop light, onto KY 34. Go 0.89 mile on KY 34. Turn left onto Chenault Bridge Road. Take Chenault Bridge Road. After 1.45 miles, you'll turn left onto Fork Church Road. (**Very Important – If you get to the blue bridge, you've passed the turn!**). Go 0.15 mile on Fork Church Road and make a right turn on to Bryant's Camp Road, staying to the right at the fork that is 0.26 mile down the road. Cliffview entrance will be on the left 0.54 mile from the fork in the road.



To begin the registration process, please complete this form and return it to the address listed below. All potential retreatants are interviewed by a retreat team member prior to acceptance. After acceptance, retreatants pay 50% of the retreat fee to secure their spot.

Next Rachel's Vineyard Retreat March 16-18, 2018

Name _____
(As you would like it to appear on your name tag)

Address _____

Contact Phone _____

Email Address _____

Please indicate any special needs you might have, i.e. gluten-free or vegetarian diet, accessibility issues, etc

_____ My spouse or another family member will also be attending. (Each attendee should complete a separate form)

\$250.00 per person: half due at registration, balance due one week prior to the retreat. Scholarships are available. Please do not let financial considerations deter you from coming!

_____ I would like to attend but need \$ _____ to help with the retreat cost.

Mail completed form to:
Respect Life Office
1310 W. Main St., Lexington, KY 40508
Checks should be made out to : Diocese of Lexington with RV in the memo line.

**For questions, call (606) 874-9170
rachelvineyard@cdlex.org**